

## Join Together—Join HCCMCA

The Health Care Cost Management Corporation of Alaska, Inc. (HCCMCA) negotiates cost savings with hospitals, physician and provider groups, prescription drug managers and other service providers for the benefit of its member health plans. By joining together, health plans gain power to negotiate better coverage and better prices from service providers. This allows health plans to lower health care costs for their own plan participants.

HCCMCA provides competitive benefit options for over 25 health plans in Alaska and 16 in the Pacific Northwest, ranging from 150 to more than 22,000 employees and dependents. HCCMCA members represent various types of plans, including Taft-Hartley Trust Funds, government health plans, public sector trusts and single employer plans.

HCCMCA provides a wide range of programs and services, from hospital and vision care PPOs to physical therapy services, from health fairs to prescription drug purchasing arrangements and more. Members may use all or just a few of HCCMCA's services, taking advantage of those programs that best fit their needs.

*"Our Health Trust joined HCCMCA in 2011 to take advantage of the Annual Health Fairs. A few years later we signed up for the Aetna nationwide PPO to take advantage of the cost savings for our plan and our participants. After a year we were pleased to see that the contract saved us exactly what we were expecting – over 66 cents an hour!"*

David Chally  
Executive Manager,  
Inland Empire Chapter,  
NECA

## Our Programs

- Annual Health Fairs
- Birthing Alternatives
- Coalition Health Center
- Credit Balance Recovery
- Dialysis Cost Containment
- Disease Management
- Hearing Health Benefit
- Pharmacy Benefits Management
- Physical Therapy PPO
- Preferred Provider Agreements—National
- Preferred Provider Contracts—Direct
- Vision Care
- Wellness & Minor Care

## Our Mission

HCCMCA's mission is to ensure that workers and their families have access to value and quality-based health care benefits and services.

HCCMCA is committed to:

- Promoting the Health Care Coalition Concept
- Encouraging organizations to work together to maximize opportunities
- Providing information to participants that empowers them to make better health care decisions
- Serving as a statewide and national voice of health care concerns and issues
- Adhering to the principles of high ethics, equity and integrity
- Serving the needs of the HCCMCA member health plans

### Health Care Cost Management Corporation of Alaska, Inc.

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Health Care Cost Management Corporation of Alaska, Inc. is a non-profit, non-stock corporation.

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## Keep Health Care Affordable for Workers and Their Families

## JOIN HCCMCA



## Less Cost, Better Services, More Control

Through HCCMCA, health plans offer their plan participants outstanding benefits and high-quality health care services – *at lower costs.*

### SAVE MONEY

HCCMCA negotiates service contracts for member health plans, reducing annual health care costs for many by more than \$4,000 per employee. After negotiating an agreement, HCCMCA then monitors results to achieve the best possible savings and service for member plans and their participants. HCCMCA also helps research new programs and addresses service issues, reducing administrative costs.

### HIGH-QUALITY SERVICES

HCCMCA continuously works with well-known service providers to develop and add service options. HCCMCA also participates in a 'Coalition of Coalitions' to take advantage of programs negotiated by other groups.

*"Although our health plan is relatively large, HCCMCA still helped us improve pricing and service. We also work with other HCCMCA members to share best practices, allowing us to provide better benefits to our plan participants."*

Larry Bell  
Co-chair, Alaska Electrical  
Health and Welfare Trust

## RUN BY AND FOR MEMBERS

HCCMCA, formed in 1994 by health plan representatives and industry professionals interested in reducing health care costs, exists solely to benefit its member health plans.

Today, HCCMCA is operated by a Board of Directors comprised of two representatives from each participating health plan. This structure gives members more control and allows them to monitor HCCMCA's activities, as well as participate in and direct programs.



*"We have been a member of HCCMCA for more than ten years and value their expertise and extensive knowledge related to health plan administration. Our health plan and the nearly 5,000 participants have also benefited significantly from the Coalition's extensive cost-saving programs including the Aetna PPO, annual health fairs and PBM."*

Dawn Maranville  
Fairbanks North Star  
Borough School District

## Membership FAQs

### Q: How can a health plan join HCCMCA?

**A:** Plans sign an agreement with HCCMCA and pay an initial one-time fee of \$3 per employee. (This initial cost is often recovered in the first year, by active participation in the HCCMCA's programs.) New member plans then select two individuals to serve as voting members of HCCMCA's Board of Directors.

### Q: Are there additional costs to participate in programs?

**A:** Yes, HCCMCA charges an access fee for each program. Member plans complete a participation agreement, identifying the programs they want to use and then pay the access fee for each program. These fees fund the initial cost of new programs and pay for ongoing program costs. Member plans may also need to sign an agreement with the service provider(s).

### Q: Are member plans required to adopt a particular schedule of benefits or use a designated administrator?

**A:** No. Each plan may continue to use its own plan design and administrator. Generally, few if any changes are required. Some provider contracts may require incentives for participants to use participating providers.

### Q: Do member health plans have to participate in all of HCCMCA's programs?

**A:** No, each plan may choose the program(s) that best fit its particular needs.

### Q: How can I determine whether HCCMCA is right for my health plan?

**A:** Contact HCCMCA at (907) 474-4226 or (888) 474-4226.