



## Helping You Make the Most of Your Health Care Dollar

The Health Care Cost Management Corporation of Alaska, Inc. (HCCMCA) was formed in 1994 to help participating member health plans in Alaska and Washington control their health care costs by negotiating better pricing on health benefit services than they could achieve on their own.

HCCMCA negotiates discounts with area hospitals, physician and provider groups, as well as vision, hearing, disease management and prescription drug service providers, to serve participating health plan members. We also offer products to reduce administrative expenses and provide value-added services, such as annual health fairs in Alaska and Washington. HCCMCA's 25 participating Alaska member health plans cover over 70,000 lives, and our 16 participating Pacific Northwest plans cover approximately 125,000 lives – and we're growing.

### **Mission**

The mission of HCCMCA is to ensure that workers and their families have access to value- and quality-based health care benefits and services.

We do this by:

- Serving the needs of the HCCMCA member plans and their plan participants
- Promoting the concept of a purchasers health care coalition
- Encouraging organizations to work together to maximize their program and savings opportunities
- Providing information to plan participants, to help them make better health care decisions
- Serving as a multi-state and national voice, speaking out on behalf of our members on health care concerns and issues
- Adhering to the principles of high ethics, integrity and equity

### **How it Works**

HCCMCA works with professional consultants, attorneys and others to implement HCCMCA-sponsored programs. Each member health plan can choose from a menu of program offerings, and then select those that best fit its needs. In addition, HCCMCA also offers a forum to share information about common problems, issues and best practices.

In order to join, each member plan pays a one-time fee of \$3 per employee. Thereafter, participating plans pay access fees based on which programs they utilize. The access fee may be based on a percentage of claims or savings, or may be a per member per month charge.

Keeping health care affordable for workers and their families

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(907) 474-4226 ■ Toll-free (888) 474-4226 ■ [www.hccmca.org](http://www.hccmca.org)

We understand that your budget is limited. That's why we work so hard to help you make the most of every health care dollar.

### **Program Details**

HCCMCA offers a number of program options, all designed to help member health plans save money:

Dialysis cost containment uses a customized U&R approach to re-price claims

Direct Preferred Provider contracts and national Preferred Provider agreements

The Coalition Health Center offers extended hours and a per-visit cost guaranteed by the Coalition

Wellness and minor care clinic arrangements

Cost-saving prescription benefit management (PBM) contract with CVS/caremark through National CooperativeRx

Physical therapy PPO

Health fairs, offering flu shots and health screening tests

Disease management program through Optum

Vision care through VSP

Credit balance recovery service through Optum

Hearing benefit through EPIC

“HCCMCA has provided the Fairbanks North Star Borough School District with a multitude of enhanced health plan options which help save money not only for the School District's Plan, but for participants as well.”

*Robin Mullins*

*Director of Business Services*

*Fairbanks North Star Borough School District*

### **Learn More**

To learn more, contact HCCMCA at (907) 474-4226 or 888-474-4226 (toll-free). You may also visit [www.hccmca.org](http://www.hccmca.org).

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